



# USAID DISCOVER-Health

ZCHPP-DREAMS and USAID DISCOVER-Health Collaboration in PrEP Provision



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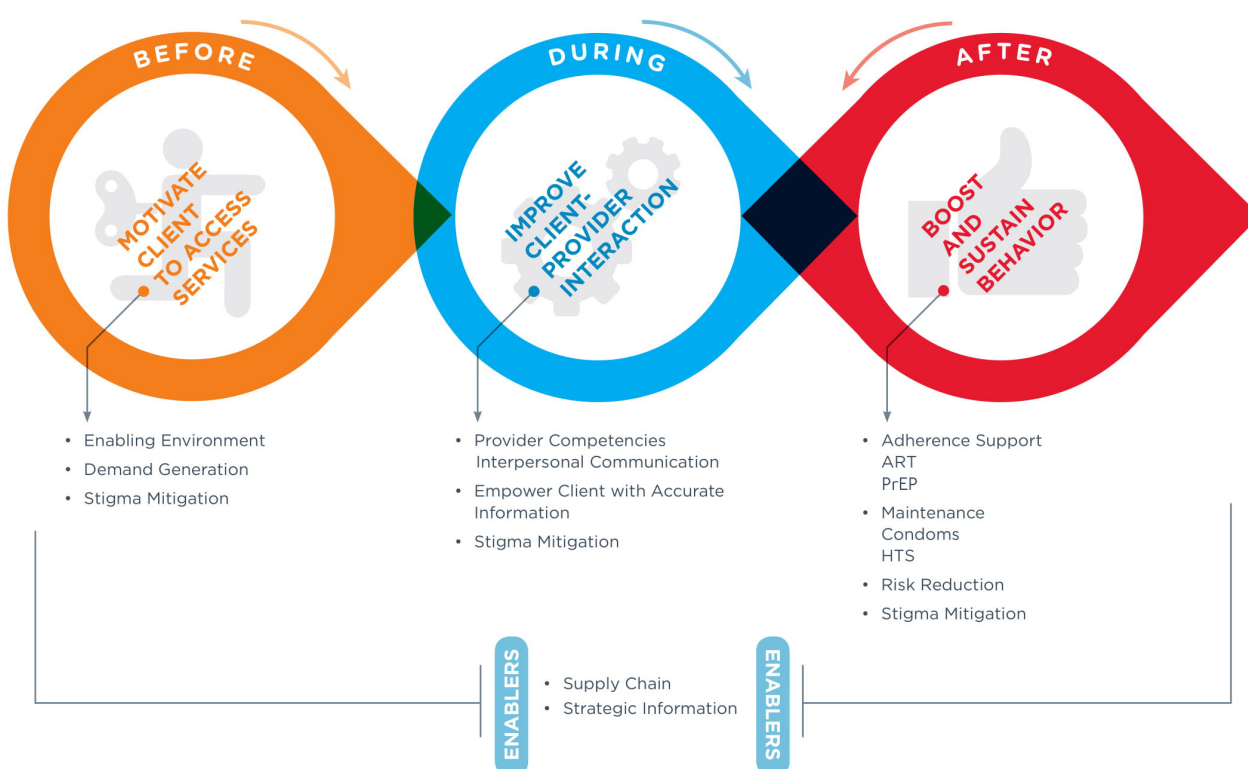
## Purpose

The purpose of this document is to guide the implementation of the provision of Pre-Exposure Prophylaxis (PrEP) in DREAMS Centres, targeting Adolescent Girls and Young Women at substantial risk of HIV infection.

## Background

USAID DISCOVER-Health (UDH) developed the Prevention and Behavioural Intervention (PBI) model that has proved key to the successful implementation of its prevention activities. It has been very useful as the Project continues to implement PrEP activities targeting various populations, including Adolescent Girls & Young Women (AGYWs). The model can be used in the implementation of other activities, such as research, not just for PrEP. USAID DISCOVER-Health faced many challenges in its first attempt of implementing PrEP in 2018 but has found solutions to those challenges to better implement activities. A number of key lessons have been learned and these are reflected in the PBI model, as seen below.

### BEHAVIORAL INTERVENTIONS ACROSS THE SERVICE DELIVERY CONTINUUM



## Before Service Delivery

- USAID DISCOVER-Health, in collaboration with DREAMS, will identify 2 DREAMS graduates or slightly older women aged 24-30 per centre to serve as the focal points for the collaboration and PrEP Mentors. These women should have psychosocial counselling skills.
- USAID DISCOVER-Health, in collaboration with DREAMS, will select at least 10 DREAMS graduates per centre to serve as PrEP Mobilizers
- Potential PrEP clients are to be found via existing satisfied PrEP clients, with support from PrEP Mentors and DREAMS graduates

- USAID DISCOVER-Health will engage DREAMS connectors as additional mobilizers for PrEP surges
- USAID DISCOVER-Health will work closely and share schedules with DREAMS managers in advance of activities for coordinated planning and integration of services

### During Service Delivery

- Service to be provided at the DREAMS Centres, plus Safe Spaces where applicable. Service is for all AGYW at substantial risk of HIV infection, regardless of whether they are enrolled on the DREAMS programme. That being said, AGYW not enrolled on the DREAMS program should be offered the opportunity to enrol
- Service to be provided by a UDH clinical officer, supported by the PrEP Mentors
- USAID DISCOVER-Health reports PrEP data. PrEP Provider and Mentors to enter data into the electronic PrEP information management system
- Z-CHPP reports HTS data

### After Service Delivery

- PrEP Mentors to provide ongoing counselling and adherence support to clients and encourage them to share their experiences with their peers
- PrEP Mentors are responsible for tracking and ensuring clients adhere to PrEP
- PrEP Mentors are responsible for providing correct information, mitigating stigma and correcting myths surrounding PrEP services within the community



## Responsibilities

Who	Responsibilities
USAID DISCOVER-Health PBI Unit	<ul style="list-style-type: none"> <li>• Provide technical support, including training where necessary</li> </ul>
Z-CHPP	<ul style="list-style-type: none"> <li>• Facilitate linkage with implementing partner</li> <li>• Responsible for HTS</li> </ul>
DREAMS Implementing Partner	<ul style="list-style-type: none"> <li>• Provide physical space for service delivery and the PrEP Mentor to work</li> <li>• Coordinate the monthly meetings with USAID DISCOVER-Health to review progress</li> </ul>
ART Provider	<ul style="list-style-type: none"> <li>• Coordinate development and implementation of PrEP service delivery and schedule with DREAMS Centre manager</li> <li>• Provide counselling to PrEP clients as part of clinical review</li> <li>• Ensure all relevant PrEP-related clinical investigations done and results documented</li> <li>• Ensure all relevant documentation is completed</li> </ul>
Team Lead	<ul style="list-style-type: none"> <li>• Provide overall supervision and ensure PrEP Mentors are working as per job description</li> <li>• Ensure availability of all clinical commodities for smooth PrEP Service provision</li> </ul>
Community Mobilization Officer	<ul style="list-style-type: none"> <li>• Generate budget for activity</li> <li>• Work with Team Lead to orient DREAMS staff and other stakeholders on PrEP</li> <li>• Train and supervise PrEP Mentors and PrEP Mobilizers</li> <li>• Write progress reports and ensure relevant M&amp;E tools are completed</li> </ul>
PrEP Mentor	<ul style="list-style-type: none"> <li>• Focal point for USAID DISCOVER-Health at DREAMS Centre</li> <li>• Carry out non-clinical 1st encounter, the PrEP eligibility assessment</li> <li>• Provide counselling to potential PrEP clients</li> <li>• Link PrEP clients to other services when need is identified</li> <li>• Conduct IPV risk assessment at the initial PrEP visit and subsequent reviews</li> <li>• Follow up with PrEP clients</li> <li>• Ensure PP_PREV Register is completed</li> <li>• Provide correct information, mitigate stigma and correct myths surrounding PrEP services</li> </ul>
PrEP Mobilizer	<ul style="list-style-type: none"> <li>• Create demand for PrEP in their target zones</li> <li>• Carry out non-clinical 1st encounter, the PrEP eligibility assessment</li> <li>• Fill out referral slip and ensure referrals are completed</li> <li>• Fill out PP_PREV Register</li> <li>• Facilitate referral of clients to DREAMS centre</li> </ul>

## Recruitment And Role Of PrEP Mentors

**Who: DREAMS Graduates or slightly older AGYW who have Psychosocial Counselling Skills**

- Mobilize DREAMS girls for PrEP
- Provide ongoing counselling and adherence support to DREAMS girls on PrEP
- Record keeping and reporting to USAID DISCOVER-Health

### Selection Criteria:

- Former DREAMS Graduate or aged 24-30
- Respected in their community
- Trained in a variety of health interventions, in particular psychosocial counselling
- Attained minimum of Grade 12
- Able to read and write
- Able to use smart phone or tablet for data entry

## Recruitment and Role of PrEP Mobilizers

- Mobilize DREAMS girls for PrEP over a pre-determined period of time
- Provide support to PrEP Mentors as needed
- Contracted over a short-term period i.e. 10 days at a time

## Focus Districts

The ultimate aim is to be operational in all DREAMS Districts where USAID DISCOVER-Health is present.

Focus districts include:

Lusaka, Kitwe, Ndola, Chingola, Kabwe, Kapiri Mposhi, Kasama, Luanshya and Mufulira

## Orientation and Training

- USAID DISCOVER-Health and Z-CHPP to identify community stakeholders together.
- USAID DISCOVER-Health to orient them about PrEP and seek their buy-in.

USAID DISCOVER-Health to carry out the below trainings. It's important that CMOs and UDH service providers are part of these trainings. The purpose is to provide basic information about PrEP, information on counselling and adherence support, as well as how the two organizations will collaborate and link their programmes.

- Orient DREAMS staff on PrEP, usually takes half a day
- Train PrEP Mentors (2-4) and PrEP Mobilizers (10) per site, usually takes 2 days, then 1 day of field work, followed by 10 days of mobilization.

## Focused Mobilization

Following the training, PrEP Mentors and PrEP Mobilizers carry out a mobilization for 10 – 14 days. In which the following happens:

- Set targets for this intensive mobilization period
- Generate demand for PrEP
- Offer adherence support
- Create awareness about the DREAMS programme

## Reporting, Monitoring and Stipends

- USAID DISCOVER-Health PrEP Provider and PrEP Mentor are responsible for PrEP electronic data entry
- USAID DISCOVER-Health will report PrEP\_New and PrEP\_Curr at DREAMS centres
- Z-CHPP are responsible for HTS data collected at DREAMS centres
- USAID DISCOVER-Health to pay stipends to the PrEP Mentors and PrEP Mobilizers. The amount will be similar to the existing DREAMS Mentors' stipend

## Distinction between reporting:

- USAID DISCOVER-Health reports on all AGYW at substantial risk of HIV infection that access PrEP via DREAMS centres in their PrEP management information system
- DREAMS reports on all AGYW at substantial risk of HIV enrolled in the DREAMS Programme that access PrEP in their DHIS database
- Report verification to be carried out on a monthly basis, at the minimum

## Coordination and reporting:

- USAID DISCOVER-Health CMO, ART Provider and PrEP Mentor to hold bi-weekly meetings to discuss challenges and solutions
  - PrEP Mentor to send through weekly progress reports to CMO
  - CMO to then compile this data and submit a monthly report to USAID DISCOVER-Health PBI unit
- Team lead and CMO to conduct monthly PrEP Review meetings with DREAMS Managers. The purpose of the meetings are to:
- Address operational challenges and opportunities within the scope of the partnership, such as service delivery schedules, stock of HIV test kits etc.
  - Share data
  - Share schedules for coordinated planning and integration of services
  - Highlight issues that may require support from HQ level

## Monitoring And Evaluation Tools

- PP\_Prev register
- Patient locator
- PrEP Non-clinical 1st encounter form
- PrEP monthly summary/ aggregate form
- Referral form
- Adherence tool
- Counselling checklist
- Client consent form
- HIV test result slip
- PrEP register
- Appointment register
- PrEP tracking register
- Data verification by tool

## Data Collection And Reporting

- USAID DISCOVER-Health SI Data Reporting template
- Verification of data by all partners to reduce data variations

- Venue / conference package
- Lunch allowance for participants for 13 days (2-3 days training; 10 days in the field)
- Identities (IDs) for participants, including for the mobilization period
- Stationery: A4 paper, coloured stickers and pens
- Transport refund for training and fieldwork
- Male and female condoms

## Additional Resources

- Trainers required for quality control at the beginning of the process, such as CMOS, HQ staff or ART providers
- Information Education and Communication (IEC) and Behaviour Change Communication (BCC) materials
- CMOs equipped with vehicles for mobilization period
- Service providers equipped with vehicles for service delivery at DREAMS centre



# USAID DISCOVER-Health PrEP Mentor Registration Form

S/N	First Name	Last name	Email Address (if applicable)	NRC	Phone Number	Age	Proposed Role (i.e. PrEP Mentor or PrEP Mobilizer)	Former DREAMS role (i.e. connector, beneficiary, graduate)	DREAMS Centre
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									

## Proposed Overall Roll-out Strategy

Focus Area	Objectives	Lead Person	Date	Other Information
ZCHPP-USAID DISCOVER-Health HQ meeting	<ul style="list-style-type: none"> <li>Meet with Z-CHPP to discuss roll-out</li> </ul>			
Site Assessment	<ul style="list-style-type: none"> <li>Carry out a site assessment to ensure all is in order, such as furniture, client flow etc.</li> <li>Overview of partnership and agreement on proposed way forward, including working arrangements between the two organizations, such as reporting, stock availability etc.</li> </ul>			
Stakeholder Engagement: DREAMS	<ul style="list-style-type: none"> <li>Orientation of all relevant DREAMS staff</li> </ul>			
Stakeholder Engagement: Parents and Change Agents	<ul style="list-style-type: none"> <li>Communication with and sensitization of ZAMFAM, Z-CHPP Community Change Agents, School Managers, Local Authorities Representatives and Church Leaders</li> </ul>			
Stakeholder Engagement: District Health Office	<ul style="list-style-type: none"> <li>Conduct monthly engagements for MoH staff and ensure they report PrEP data at district level</li> </ul>			
Clinical Refresher Training	<ul style="list-style-type: none"> <li>Carry out refresher training of clinical staff, including relevant DHO staff seconded to DREAMS centres</li> </ul>			

Focus Area	Objectives	Lead Person	Date	Other Information
Training of PrEP Mobilizers and Community Engagement	<ul style="list-style-type: none"> <li>• Community Mobilization and Service Provision</li> <li>• Engage Z-CHPP to work with Change Agents and create demand for PrEP, including appearances on DREAMS radio programmes</li> </ul>			

## Draft Training Programme

Training Dates: {insert} Training Location: {insert}

Objective: orient non-clinical DREAMS PrEP roll-out

DAY ONE					
Time	Session	Learning Objectives	Learning Activities	Resources	Responsible
8:00 – 8:30	<b>Sign In /Introduction</b>	<ul style="list-style-type: none"> <li>• Introductions</li> <li>• Outline training schedule</li> </ul>			
8:30 – 9:30	<b>Pre-Test</b>	<ul style="list-style-type: none"> <li>• Pre-test</li> </ul>	<ul style="list-style-type: none"> <li>• Group Activity</li> </ul>		
9:30 – 10:00	<b>USAID DISCOVER-Health Overview</b>	<ul style="list-style-type: none"> <li>• About USAID DISCOVER-Health. The structure; how we operate, services provided.</li> <li>• Hub; Overview of sites and localized activities</li> </ul>	<ul style="list-style-type: none"> <li>• Provide overview of USAID DISCOVER-Health</li> <li>• Overview of HUB USAID DISCOVER-Health sites</li> </ul>		
10:00 – 10:30	<b>Pre-Test Feedback</b>	<ul style="list-style-type: none"> <li>• Review gaps and provide additional information</li> </ul>			
<b>10:30 – 11:00 HEALTH BREAK</b>					
11:00 – 13:00	<b>HIV Facts</b>	<ul style="list-style-type: none"> <li>• Basic facts of HIV</li> <li>• Plenary; review gaps and provide additional information</li> </ul>	Group work; • What is HIV? What is AIDS? How is HIV transmitted? What are the HIV prevention methods?		
<b>13:00 – 14:00 LUNCH</b>					
14:00 – 15:00	<b>PrEP Overview</b>	<ul style="list-style-type: none"> <li>• Understand treatment as prevention and combination prevention</li> <li>• Understand the basics of ART and PrEP</li> <li>• PrEP vs. PEP and ART vs PrEP</li> <li>• Understand role of the DREAMS Mentor in the PrEP service delivery continuum</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge Check</li> </ul>	<ul style="list-style-type: none"> <li>• PBI Model</li> </ul>	
15:00-16:00	<b>Before Service Delivery</b>	<ul style="list-style-type: none"> <li>• Understand key counselling techniques</li> <li>• Learn and apply integrated next step counselling to support adherence</li> <li>• Key Messages about PrEP (to wrap up activity)</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Demonstration; Providing Collaborative Health Education</li> <li>• Activity: Practicing Motivational Interviewing, integrated next step counselling</li> </ul>		

DAY ONE					
Time	Session	Learning Objectives	Learning Activities	Resources	Responsible
16:00 – 16:15					
BREAK					
16:15 – 16:30	Questions / Wrap Up	Questions / clarifications / wrap up			
DAY TWO					
Time	Session	Learning Objectives	Learning Activities	Resources	Responsible
8:30 – 9:00	Recap	<ul style="list-style-type: none"> <li>Review previous day's agenda and provide further clarity as needed</li> </ul>			
09:00 – 10:00	Before Service Delivery	<ul style="list-style-type: none"> <li>How would you assess that a person is at risk?</li> <li>Present non-clinical Risk Assessment tool; provide input into risk assessment tool, how they adjust it to better suit their target population</li> </ul>	<ul style="list-style-type: none"> <li>Group work</li> </ul>	<ul style="list-style-type: none"> <li>Health Education Checklist</li> <li>Counselling Checklist</li> </ul>	
10:00 – 10:30	During Service Delivery	<ul style="list-style-type: none"> <li>Develop localized referral system</li> </ul>	<ul style="list-style-type: none"> <li>Knowledge Check</li> <li>Facilitator Demonstration, conducting referrals</li> <li>Develop localized referral system</li> </ul>	<ul style="list-style-type: none"> <li>Referral checklist/ SOP</li> <li>Adult Counselling Flipchart</li> </ul>	
HEALTH BREAK					
10:30 – 11:00					
11:00 – 12:00	Role Playing And Case Discussions	<ul style="list-style-type: none"> <li>Practice adherence counselling using Adherence Tool</li> <li>Practice completing Adherence Assessment Plan Tool</li> </ul>	<ul style="list-style-type: none"> <li>Case Studies with Role Play</li> </ul>	<ul style="list-style-type: none"> <li>Adherence Assessment Tool</li> </ul>	
12:00 – 13:00	Implementation, Linkage And Coordination	<ul style="list-style-type: none"> <li>Discuss linkages with clinical care</li> <li>Site Mapping and Outreach Planning</li> </ul>	<ul style="list-style-type: none"> <li>Group discussion done according to DREAMS Centres</li> </ul>		
LUNCH BREAK					
13:00 – 14:00					
14:00 – 15:00	Monitoring And Reporting	<ul style="list-style-type: none"> <li>Develop implementation plan               <ul style="list-style-type: none"> <li>If coming to USAID DISCOVER-Health facility, develop client map, who will be the contact, which days will they come etc.</li> <li>Between USAID DISCOVER-Health – ODs; which particular facility, outreach to sites (once a week for initiation and follow up), agreed times and days</li> </ul> </li> <li>Understand how to use the various reporting tools</li> <li>Review and adopt localized referral system</li> </ul>	<ul style="list-style-type: none"> <li>Knowledge Check</li> </ul>	Sample reporting forms: <ul style="list-style-type: none"> <li>Risk Assessment tool</li> <li>Counselling Checklist</li> <li>PrEP Registrar Referral Form</li> </ul>	

DAY TWO					
Time	Session	Learning Objectives	Learning Activities	Resources	Responsible
15:00-16:00	Questions/Wrap Up	<ul style="list-style-type: none"><li>• Wrap up and closing remarks</li><li>• Provide guidance on practical to be completed over the next few days by AGYW under the Mentors and CMO supervision</li></ul>			
16:00 – 16:30	SNACKS AND DISPERSING				
TBD	PrEP Mentors Practical (demand generation intervention & facilitate referral for PrEP clients)				
END OF PROGRAMME					



## Register to facilitate DREAMS – USAID DISCOVER-Health Partnership

Type of Report	Name of PrEP Mentor	AGYW Mobilized for PrEP	Tested for HIV	Linked to PrEP	Linked to ART	Late for PrEP Pick up	Restarted PrEP	PrEP Clients Sero Conversion	PrEP Clients reached with adherence counselling	AGYW linked and enrolled in DREAMS programme	AGYW tested using HIV self-test	AGYW refused to be enrolled in DREAMS	DREAMS Centre Manager verifying the report (First Name and Signature)
Monthly or weekly													

DREAMS SITE Name: ..... Hub ..... Month: ..... Date: .....

