













# BUILDING HEALTHY CITIES

# **Developing Health Promoting Schools**



February 2022







### Contents

Introduction 1
Background1
Program Implementation2
Train Teachers as Health Ambassadors 3
Promote Healthy School Environments 7
Multisectoral Collaboration and Convergence
Achievements 10
References
Annex 1: Photos 12
Annex 2: News Clippings 16
Annex 3: Orders and Directives 17
Annex 4: Participant Lists

### Acronyms

ВНС	Building Healthy Cities
СМНО	Chief Medical and Health Officer
HPS	health promoting school
ISCDL	Indore Smart City Development Limited
JSI	JSI Research & Training Institute, Inc.
MPVHA	Madhya Pradesh Voluntary Health Association
USAID	United States Agency for International Development
WHO	World Health Organization

#### **Building Healthy Cities**

Building Healthy Cities is a five-year cooperative agreement funded by the United States Agency for International Development (USAID) under Agreement No. AID-OAA-A-17-00028, beginning September 30, 2017. Building Healthy Cities is implemented by JSI Research & Training Institute, Inc. (JSI) with partners International Organization for Migration, Thrive Networks Global, and Urban Institute, and with support from Engaging Inquiry, LLC.

This report is made possible by the generous support of the American people through USAID. The contents are the responsibility of Building Healthy Cities and do not necessarily reflect the views of USAID or the United States Government.

#### **Recommended Citation**

Bachani, Damodar, Alsa Bakhtawar, Mukesh Kumar Sinha, and Ashish Daniel. 2022. Developing Health Promoting Schools. Arlington, VA: Building Healthy Cities (BHC) project.

#### **Acknowledgements**

The authors would like to thank the District Administration, Indore Smart City Development Ltd, Department of Education, Department of Health and Family Welfare, John Snow India Private Limited, and USAID.

#### Compiled By:

Madhya Pradesh Voluntary Health Association Near Bilawali Lake, Khandwa Road, Indore 452020 (MP), India Phone: 91+ 9752122520 Email: mpvha1973@gmail.com

### Introduction

The United States Agency for International Development (USAID)-funded Building Healthy Cities (BHC) project aims to refocus city policies, planning, and services with a health equity lens while improving data-driven decision-making for Smart Cities in India, Indonesia, Nepal, and Vietnam. Planning for a Smart City is intrinsically linked to health: transportation, the environment, sanitation, education, recreation, technology, and the built environment all influence the health of an urban population. When decision-making across these areas is harmonized, people will benefit from improved access to health services, decreased environmental and lifestyle risk factors for chronic diseases, a lower burden of infectious diseases, and an increased availability of useful data for decision-making.

BHC engages with sectors that contribute, directly or indirectly, to citizens' (particularly women and children) health and quality of life. This multisector engagement, the first core value of BHC, aims to provide all municipal sectors a common understanding of how they contribute to health; this includes education. The second BHC core value is to strengthen community engagement in municipal decision-making, especially for those most vulnerable to health shocks. Schools and teachers have a critical role in each community, and can be a conduit for active community participation in healthy behaviors in their neighborhoods. BHC's third core value is supporting use of data for planning and decision-making. Informed by these three core values, BHC is partnering with Indore Smart City Development Limited (ISCDL) to improve healthy urban planning.

# Background

As of 2018, 27 percent of India's population was between 0–14 years (World Bank 2019). These young people are one of India's precious resources, and their health and safety as they grow and develop is affected by several factors. Policy makers and public health professionals must focus on a seemingly endless list of behaviors and conditions that effect the health of India's young people.

Adolescents also face myriad health concerns. According to the National Mental Health Survey 2015–16, seven percent of 13–17-year-olds have a mental health disorder. These 9.8 million adolescents need active interventions. Mental health disorders are nearly twice as prevalent in urban than rural areas (14 and 7 percent, respectively) (National Institute of Mental Health and Neuro Sciences 2016). A 2018 survey found that about 20 million children ages 10–14 years were addicted to tobacco (Ministry of Statistics and Programme Implementation 2018). Malnutrition also continues to be a major issue, with more than 80 percent of adolescents suffering from "hidden hunger," or micronutrient deficiencies (UNICEF 2019). Adolescents also face risks to their physical

safety; as high as 34 percent of total crimes reported against children were sexual offenses (National Crime Records Bureau 2018).

Schools are an important starting point for mitigating public health challenges. The Bhore Committee in 1946 stated that "the goal of schools is to promote the maximum physical, social, emotional, mental, and educational growth of students by adopting health promoting policies and practices" (Kaur et al. 2015). While the gross school enrollment ratio at the primary level in India is 99 percent, it decreases for upper primary, secondary, and senior secondary levels, with enrollment at 93 percent, 80 percent, and 56 percent, respectively (Ministry of Statistics and Programme Implementation 2018). Some of this drop-off is due to social norms, including the approximately one-fourth of girls who are married before the age of 18 (United Nations Children's Fund 2019). In addition to falling enrollment rates, government schools have infrastructure challenges, including a lack of gendered toilet facilities and space for physical activity.

Recognizing the importance of school-based interventions, discussions with ISCDL and the Indore Department of Education led to an agreement that BHC would implement a comprehensive Health Promoting Schools (HPS) program to support student's physical, social, emotional, mental, and educational growth. The World Health Organization (WHO) first advocated for HPS over 25 years ago, which it defines as schools that constantly strengthen their capacity as a healthy setting for living, learning, and working (World Health Organization and UNESCO 2021). BHC's HPS program was implemented from 2019 to 2021 in 148 government middle, high, and higher secondary schools in Indore City. BHC partnered with Madhya Pradesh Voluntary Health Association (MPVHA), a leading Indian nongovernmental organization working in community and school health programs across the country.

# Program Implementation

### **Objectives**

The main objectives of BHC's HPS program were to:

- 1. Assess the physical and social environment of schools and suggest corrective actions to the appropriate authorities.
- 2. Expand the technical capacity of teachers to be health ambassadors with knowledge of health issues and skills to promote healthy behavior, environments, and lifestyles among students.
- 3. Evaluate whether the trainings achieved the intended outcomes.

#### **Approach**

The HPS program design and implementation in Indore relied upon three key components (with corresponding sub-components to support their implementation), shown in Table 1, that were rooted in BHC's three core values.

Table 1. HPS Components

Key Component	Sub-component	
	Develop Teachers Training Guidelines for Health Promoting Schools (versions 1 and 2)	
Train teachers as health ambassadors	Train teachers	
	Conduct pre- and post-training knowledge assessments	
	Develop activity guidelines	
	Conduct baseline assessment of school physical and social environments using WHO's HPS assessment tool	
Promote healthy school environments	Set up a health promotion corner in each school	
	Incorporate baseline assessment findings into BHC's proposed Healthy City Action Plan	
Multisectoral collaboration and convergence	Convene different sectors to address gaps identified in baseline assessment	

Implementation of the HPS activity in Indore started in 2019. Each component is discussed briefly in the following sections.

### Train Teachers as Health Ambassadors

BHC's HPS program adopted a holistic approach that went beyond routine classroom learning and encouraged support from the whole school and the wider community. Of all the partners that BHC involved in program implementation, teachers were the most crucial. BHC took the following steps to train a cadre of teachers as health ambassadors.

### **Develop Teachers Training Guidelines for HPS**

Version 1 of the Teachers Training Guidelines for Health Promoting Schools was developed jointly by BHC and MPVHA to train teachers on health and wellbeing. It

provides age-appropriate guidelines to support school-going children to make healthy lifestyle decisions through systemic interventions. Version 1 of the manual focused on food and nutrition, health and hygiene, environment, physical activity, alcohol and tobacco control, mental health, and life skills and behaviors.

BHC revised the manual to incorporate suggestions from experts and considerations for the COVID-19 pandemic. Three chapters (sexual and reproductive health, immunization, and social distancing) were added and the original chapters were revised to be more comprehensive and easier to follow. Each chapter has clearly defined learning objectives, and follows the same format. Practice questions and key resources were added to each chapter to help teachers assess and supplement their knowledge. Suggestions were added to help teachers navigate chapters that are age or culturally sensitive. The manual was translated into Hindi and distributed widely among teachers. It is also available on BHC's website.

#### **Train Teachers**

The next step was to train teachers with the help of experts, also known as master trainers, using BHC's Teachers Training Guidelines for Health Promoting Schools.

Table 2. Master Trainers

Name	Designation and Organization	Expertise
Dr. P.Y. Pandey	Former Principal, Regional Training Institute; Chief Medical and Health Officer, Department of Health and Family Welfare, Government of Madhya Pradesh	Obstetrics and gynecology
Dr. B. M. Shrivastava	Former Dean, Government College of Dentistry, Indore	Oral health
Dr. Y.D. Sohni	Former Accredited Social Health Activist Master Trainer, State Trainers Rashtriya Kishore Swasthya Karykram, National Health Mission	Community health, school health, hygiene and sanitation, social issues
Mr. Mukesh Kumar Sinha	Executive Director, MPVHA	Public health promotion, social developmental issues, tobacco control
Mr. Anand Goud	Head, Department of Medical and Psychiatric Social Work, Indore School of Social Work	Mental health

Dr. Aniket Sane	Physiotherapist, Disaster Management Consultant, and Researcher	Disaster management and life skills
Mr. Bakul Sharma	Program Officer, MPVHA	Communication and advocacy on noncommunicable diseases
Mr. Ashish Daniel	Program Officer, MPVHA	Urban health, communicable diseases

MPVHA held a one-day master trainer orientation on November 5, 2019. Trainers were familiarized with the HPS concept and learned about the specific project objectives, purpose, and activities. All thematic areas in BHC's teacher training guidelines, including approach, methodology, session duration, and learning tools, were discussed. Presentations were made to ensure a common understating of each topic and make the training more effective. All master trainers were provided with the BHC teacher training guidelines for regular reference.

After the orientation, MPVHA and the master trainers conducted a two-day training program in six batches between November 2019 and January 2020, for 40 teachers at a time (Table 3). The master trainers used presentations, discussions, audio-visual aids, and group activities in which the teachers participated enthusiastically. Two-hundred-and-twenty-eight principals and teachers attended, from 148 middle, high, and higher secondary government schools in Indore City. The thematic areas followed the topics included in version 1 of the BHC teacher training guidelines, which were distributed to participants.

Table 3. Two-day Teacher Training Sessions

Date	Number of Schools	Number of Participants
November 12-13, 2019	25	49
November 25–26, 2019	25	36
November 28–29, 2019	25	35
December 9-10, 2019	25	30
December 19-20, 2019	25	40
January 30–31, 2020	25	38
Total	148	228

### **Conduct Pre- and Post-training Knowledge Assessments**

BHC conducted pre- and post-training tests using a questionnaire that assessed comprehension of health and well-being topics covered in the teacher training. The pre-training assessment consisted of 25 questions and was administered by MPVHA field investigators in November 2019. Pre-testing information helped BHC design the training program in a way that built on strengths and focused on weaknesses and provided a baseline for comparison. The post-training assessment retained 15 of the pre-test questions most relevant to the training and added 15 new questions based on training manual topics. The post-training assessment was conducted October–December 2021 as schools were reopening after closure due to COVID-19 and teachers were starting to convey the information they received in HPS trainings. BHC wanted to determine if teachers retained the knowledge after a year-and-a-half, or if a refresher training was needed. Because of difficulties re-convening teachers during a COVID-19 surge, the post-training assessment was conducted online through a Google Forms survey. Figure 1 shows a significant increase in teacher knowledge of health-related topics after the training.

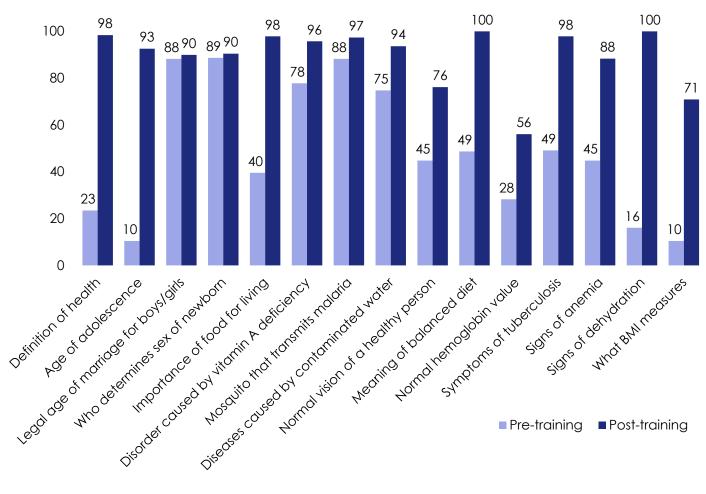


Figure 1. Teacher Knowledge of Health-related Topics Pre-and Post-training

# Promote Healthy School Environments

A healthy school environment is conducive to learning and can reduce India's overall health burden. A school's environment refers to its physical, social and cultural aspects, which are equally important for holistic development of students.

### **Conduct Assessment of School Physical and Social Environments**

To assess the environments of all 148 focus schools, BHC prepared a questionnaire by adapting the WHO Health Promoting Schools Monitoring Tool (World Health Organization 2009) to Indore's context. The assessment was organized by the six key factors listed below. Each key factor was broken down into key attributes and recommended action points:

- 1. Healthy school policies (13 key attributes with 30 action points).
- 2. Healthy physical environment (6 key attributes with 26 action points).
- 3. Healthy social environment (5 key attributes with 10 action points).
- 4. Links with the community (2 key attributes with 9 action points).
- 5. Competencies for healthy living (4 key attributes with 13 action points).
- 6. Health care and promotion services (3 key attributes with 10 action points).

#### **Baseline Assessment**

MPVHA identified and trained experienced field investigators on the assessment methodology and each key factor, attribute, and action point during a three-day intensive orientation program in October 2019. Three teams of two investigators were formed. The assessment began on November 1, 2019 and ended on December 5, 2019. Data were collected from all 148 schools. Most of the information was provided by the principals or headmasters of the government schools. Investigators made on-the-spot observations while collecting the data and took photos of good practices. The final scoring was based on a count of the total 98 action points across the six key factors, not a normalized scale of 100 percent.

A detailed assessment report was prepared with findings, compliance with action points, and knowledge gaps (available here: main report and annex supplement). BHC, via the Department of Education, provided each school with not only the main report, but also with details of its assessment so it could understand why it received the score it did. Figure 2 shows average compliance across each of the factors.

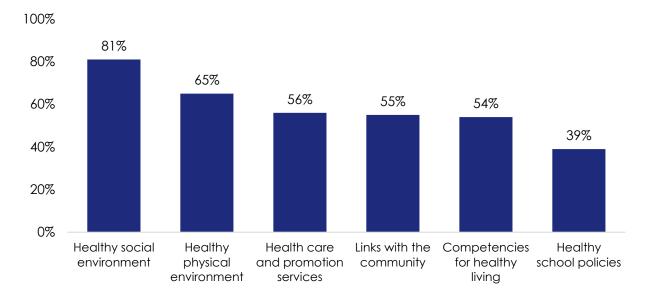


Figure 2. Average School Compliance across Six Key Factors

#### **Endline Assessment**

Unfortunately, due to COVID-19 lockdowns and resulting school closures, BHC was unable to conduct an endline assessment. However, BHC made sure that MPVHA is in contact with the trained teachers and principals through mail or other means to convey new information during the pandemic. In addition, BHC included in the proposed Healthy City Action Plan many of the recommendations made for school upgrades, and is helping the city seek outside funding to support these and further environmental improvements that may not be feasible within the regular school budgets.

### **Set Up Health Promotion Corners**

Due to COVID-19, the government departments (education, health, and ISCDL) and schools were not able to address all of the issues identified in BHC's baseline assessment. This was a major barrier to program implementation. To avoid wasting time and resources devoted to the assessment, BHC in consultation with ISCDL, Department of Education, Department of Health and Family Welfare Indore, and MPVHA, identified a small number of challenges that could be quickly reconciled. For example, baseline assessment data indicated that only 49 percent of the schools had a first aid kit and 38 percent had a running school health program. In response, BHC developed health promotion corners in all 148 schools. Each was equipped with:

- Educational materials on health promotion.
- A copy of BHC's Teachers Training Guidelines for Health Promoting Schools.
- A white board and display board for sharing information.
- A weighing scale.

- A height measurement instrument.
- A first aid kit containing basic items like topical antiseptic, bandages, thermometer, cotton, etc.

The Smart City CEO issued directives to all the schools and the Department of Health and Family Welfare, Indore to support the health promotion corners. The Chief Medical and Health Officer (CMHO), Indore provided some of the first aid kit items, and the Department of Health and Family Welfare, Indore committed to sustaining the health promotion corners in all schools by replenishing the medicines and supplies as needed.

#### Distributing First Aid Kits and Setting up a Model Health Promotion Corner

A special event was organized on December 10, 2021 at Maharaja Shivaji Rao Government School at which Mr. Rishav Gupta IAS, CEO, Smart City, distributed the first aid kits and other materials to the principals of all 148 schools. He applauded the teachers for their remarkable work during the COVID-19 lockdown period and commended BHC and MPVHA for implementing the HPS program in Indore.

Mr. Manglesh Vyas, District Education Officer, said "School plays an important role not just in educating children but also in giving them a foundation for living a healthy life." He added that teachers can help students of all ages learn what actions they can take to improve their health, and said that health promoting activities will continue in all schools.

Dr. B.S. Saitya, CMHO, explained how to use the first aid kit contents, and stated that trained teachers would use the basic and safe preventive medicine in them as and when required. He also detailed some of the national Ministry of Health and Family Welfare programs for children and schools, and assured the full support of the Department of Health and Family Welfare, Indore for HPS.

Mr. Mukesh Kumar Sinha, Executive Director, MPVHA, explained the other health promotion corner materials and demonstrated how to use them. Mr. Neeraj Mishra of BHC thanked everyone for their cooperation and support, specifically MPVHA for establishing HPS in Indore under BHC.

# Multisectoral Collaboration and Convergence

Multisector collaboration is an important component of BHC's HPS program. When different sectors work together, they optimize use of resources, prevent duplication of efforts, and can more effectively overcome challenges. India's school health program is designed in a way that requires Department of Health and Family Welfare, Indore and the Department of Education to work together, but there was limited understanding of

the nature and extent of coordination required at the various administrative levels. BHC clarified this by implementing HPS. First, it formed a Multisector Smart Health Working Group chaired by the CEO of ISCDL and the CMHO of the Department of Health and Family Welfare, Indore. The group comprises other government departments (including education), USAID-funded projects, and local nongovernmental partners. The group meets quarterly to discuss progress and to address any issues identified. Through this group, BHC facilitated the following orders and directives, which helped overall HPS program implementation:

- Directives/orders issued by the Department of Education for all principals and teachers of 148 schools to attend the HPS training.
- Letter issued/procured from the District Education Officer to allow BHC to conduct baseline assessment of schools.
- Letter issued from CEO of ISCDL directing the development of health promotion corners in all 148 HPSs.

Apart from these directives, the Department of Health and Family Welfare, Indore has committed to sustain the health promotion corners in all schools by replenishing the medicines and health supplies as and when needed

### **Achievements**

Since BHC's involvement in the HPS program ended, the following has occurred:

- Twelve schools have used the health promotion corners to maintain a register of student weight and height, measured monthly, to track potential malnutrition.
- Fifty-five schools routinely convey information about the use of the first aid kit and health promotion corner to students. Teachers have demonstrated how to use the thermometer, weighing machine, height measurement tool, etc.
- A few schools organized a program in coordination with Bombay Hospital, College of Nursing, Indore, to teach students to provide first aid. At Government Navin Middle School, for example, 85 students were trained.
- Schools have located health promotion corners in prominent places and students are measuring height and weight on their own.
- One school maintains its first aid kit by notifying authorities about possible stockouts and when a medicine has passed its expiry date.
- BHC's master trainers have conducted sessions on life skills for students. At the Boys Government Higher Secondary School Vijay Nagar, for example, Mr. Aniket Sane trained 400 students and school staff members.

This activity under BHC was a small investment which has generated a ripple effect among teachers, students, and their families leading them to consider health promotion an important aspect of academic and lifestyle development.

### References

Ministry of Statistics and Programme Implementation. 2018. "Children in India 2018 - A Statistical Appraisal." New Delhi, India: Social Statistics Division, Central Statistics Office, Ministry of Statistics and Programme Implementation, Government of India. http://www.mospi.gov.in/sites/default/files/publication\_reports/Children%20in%20India% 202018%20%E2%80%93%20A%20Statistical%20Appraisal\_26oct18.pdf.

National Crime Records Bureau. 2018. "Crime in India 2018." New Delhi, India: National Crime Records Bureau, Ministry of Home Affairs.

http://ncrb.gov.in/sites/default/files/Crime%20in%20India%202018%20-%20Volume%201.pdf.

National Institute of Mental Health and Neuro Sciences. 2016. "National Mental Health Survey of India, 2015-16: Prevalence, Pattern and Outcomes." National Institute of Mental Health and Neuro Sciences. http://indianmhs.nimhans.ac.in/Docs/Report2.pdf.

UNICEF. 2019. "Adolescents, Diets and Nutrition: Growing Well in a Changing World." Issue 1. The Comprehensive National Nutrition Survey, Thematic Reports. https://www.unicef.org/india/sites/unicef.org.india/files/2020-02/CNNS-Thematic-Report-Adolescents-Diets-and-Nutrition.pdf.

United Nations Children's Fund. 2019. "Ending Child Marriage: A Profile of Progress in India." New York: UNICEF. https://www.unicef.org/india/media/1176/file/Ending-Child-Marriage.pdf.

World Bank. 2019. "Population Ages 0-14 (% of Total Population) - India." 2019. https://data.worldbank.org/indicator/SP.POP.0014.TO.ZS?end=2018&locations=IN&start=2011.

World Health Organization. 2009. "Health Promoting Schools: A Monitoring Tool." Geneva: World Health Organization.

https://hivhealthclearinghouse.unesco.org/library/documents/health-promoting-schools-monitoring-tool.

——. n.d. "What Is a Health Promoting School?" World Health Organization. Accessed March 16, 2020. https://www.who.int/health-promoting-schools/overview/en/.

World Health Organization and UNESCO. 2021. *Making Every School a Health-Promoting School: Global Standards and Indicators*. Geneva: World Health Organization. https://apps.who.int/iris/handle/10665/341907.

## Annex 1: Photos

### **Teacher Trainings and Events**

### **Two-day Teacher Trainings**







**Teacher Pre-training Knowledge Assessments** 





Knowledge assessment conducted at Government Girls High School, Ranjendra Nagar.

### **Event to Debut Health Promotion Corners and Distribute First Aid Kits**



Release of Teachers Training Guidelines for Health Promoting Schools version 2 by honorable guests.



Mr. Rishav Gupta, CEO, ISCDL, addresses event participants.



Mr. Rishav Gupta, CEO, ISCDL, distributes health promotion corner materials to school principals.

### **Health Promotion Corners and School Events**

#### **Health Promotion Corners**







Health promotion corners in Government Middle School No 48, Dhanvantri Nagar (top left), Government Girls High School, Rajendra Nagar (top right), Naveen Malwa Kanya High School (left).

Model health promotion corner displayed at the District Education Office, Indore (right).



### **School Events**

Students are taught first aid (top) and CPR (bottom).





# Annex 2: News Clippings

Free Press. December 12, 2021

# Principals meet to promote healthy living in govt school students

Government school principals gathered at Maharaja Shivaji Rao Government School, Jail Road (Chiman Bagh), Indore, to discuss the possible ways to promote better practices for healthy living in children.

Principals and teachers from 148 schools attended the event.

Participants were given health promotion kits, educational materials, and first aid boxes for their schools.

DEO Manglesh Vyas said, Schools play an important role not just in educating children, but also in giving them a foundation for living a healthy life." He added that teachers can help students of all ages learn what actions they can take to improve their health.

"The health-promoting schools model supports this education by recommending ways that schools can adjust their environment, lessons, and facilities to help their students live the healthiest

lives possible," Vyas said. Madhya Pradesh Voluntary Health Association in collaboration with the District Education and Health Department and under the guidance of Indore Smart City Development Limited organised the event.

"BHC is being implemented in four cities in Asia, including Indore. Since March 2018, John Snow India Private Limited (JSIPL) has implemented and the main activities in Indore to develop 148 schools," Vyas said.

Under this initiative, 148 Government Middle, High, and Higher Secondary schools were assessed to identify current good practices, as well as gaps in various parameters relating to infrastructure, environment, safe water and food, sanitation physical activity and sports, and healthy behaviours. Recommendations from this assessment were shared back to the schools to help them improve and were given to the city government and education department to support future planning.

In addition, principals and teachers from each school were trained in health promotion using a comprehensive trainer manual.

The manual covers core areas of promoting health including the structures and function of various systems of the human body, nutrition and a balanced diet, personal environmental hygiene, sanitation, healthy lifestyle and life skills, physical fitness, harms of tobacco and alcohol, and mental health. The training also taught teachers how to share this information with students in an age-appropriate manner.

#### People's Samachar, December 11, 2021

# पीपुल्स समावार

इंदौर, शनिवार 11 दिसंबर 2021

# १४८ स्कूलों में मिलेगा स्वास्थ्य को बढ़ावा

पीपुल्स संवाददाता 🍅 इंदीर

स्कूल न सिर्फ बच्चों को शिक्षित करते हैं, बल्कि उनके स्वस्थ जीवन में महत्वपूर्ण भूमिका भी निभाते हैं। शिक्षक छात्रों को यह जानने में मदद देते हैं कि वे अपने स्वास्थ्य को बेहतर बनाने के लिए क्या कदम उठाएँ? स्वास्थ्य को बढावा देने वाले स्कूल इसके परिचायक हैं कि विद्यालय में स्वास्थ्य कोना कितना जरूरी है।

मध्यप्रदेश वालंटरी हेल्थ एसी. द्वारा स्मार्ट सिटी के अंतर्गत 148 सरकारी मिडिल, हाई व हायर सेकंडरी स्कूलों को स्वास्थ्य को बढ़ावा देने वाले विद्यालय का रूप दिया गया है। इसके लिए महाराजा शिवाजीराव शासकीय स्कल में आज एक कार्यक्रम आयोजित किया गया, जिसमें विद्यालयों के

CamScanner



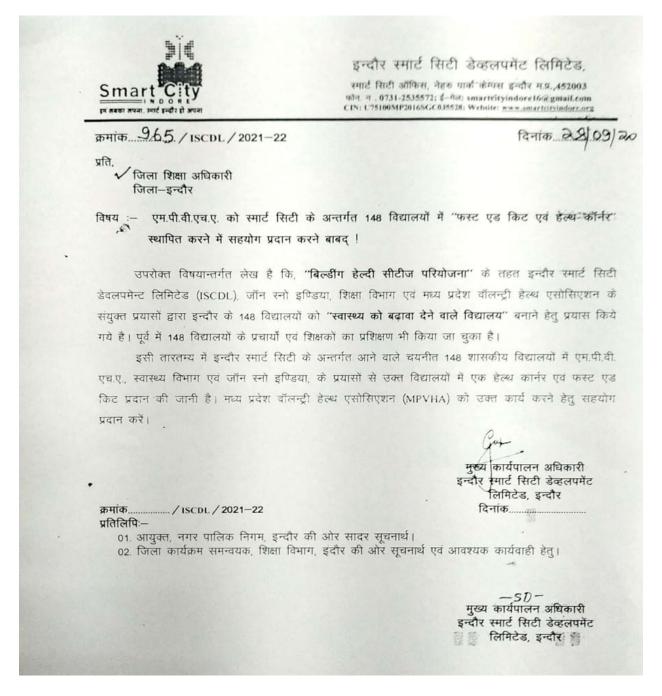
महाराजाशिवांजीराव शासकीय स्कूल में आयोजित कार्यक्रम में उपस्थित अतिथिगण ।

प्रधानाचार्य सहित शिक्षकों ने भाग लिया। कार्यक्रम में स्कुलों में हेल्थ कॉर्नर स्थापित करने के लिए किट दिए गए। किट में चेइंग मशीन, ऊंचाई नापने का यंत्र, धर्मामीटर, फर्स्ट एड किट व अन्य सामग्री शामिल थीं। स्मार्ट डेवलपमेंट के सीईओ ऋषव गुप्ता के अनुसार स्वास्थ्य को बढ़ावा देने वाले स्कूलों में पोषण, तंबाकुमुक्त विद्यालय के बारे में प्रशिक्षण भी दिवा गया है।

म.प्र. वालंटरी हेल्च एसो. के

निदेशक मुकेश कुमार सिन्हा ने बताया कि बिल्डिंग हेल्दी सिटी इंदौर सहितं देश के चार शहरों में लाग् की जा रही है। इसके तहत स्कूलों के प्रधानाचार्य, शिक्षकों को स्वास्थ्य संबद्धन के लिए ट्रेंड किया गया। मुख्य चिकित्सा अधिकारी डॉ. बीएस सेत्या, जिला शिक्षा अधिकारी मंगलेश व्यास व जान स्नो इंडिया के नीरज मिश्रा ने इन 148 स्कूलों को छात्रों के स्वस्थ्य जीवन जीने का मार्ग बताने वाला निरूपित किया।

### Annex 3: Orders and Directives



Issued by ISCDL to the Municipal Commissioner, IMC for information, and to the District Program Officer, Department of Education for information and necessary action, noting the development of health promotion corners and provision of first aid kits to 148 government schools under BHC. Dated September 28, 2020.

	शिला का अधिकार				
	red Boar adjoined				
	कायालय केलक्टर (जिला जिला किल्ट) विचय उन्हें				
	वार्याः, गाहला पालिट क्निक का लेल के सामः	में नाने जना के पार			
		न, राजन्द्रनगर इन्दार (म.प्र.) [E_mail: zilashiksha_indore@yahoo.co.			
	पत्र कं./जिशिके/2019-20/२ 76.2-	इन्दौर दिनांक ३ ७- । \			
	प्रति,	5.414 14414 7 10-11-			
	प्रधानाध्यापक				
	शासकीय माध्यमिक विद्यालय				
	विकासखण्ड इन्दौर शहरी—1, जिला इन्दौर				
	विषय- दो दिवसीय "स्वस्थ शहर निर्माण" कार्यशाला में सहमागिर	ता करने विषयक ।			
	सन्दर्भ- एम.पी वालेन्ट्री स्वस्थ्य एसोसिएशन का पत्र कं./2019-2	0 / 92 दिनांक 15.11.2019			
	रुपरोक्त विषयान्तर्यन नेप्न के 🕀 🥌				
	नवम्बर 2019 को होटल लेमन ट्री, आर.एन.टी. मार्ग इन्स	का आयाजन दिनाक 25 एवं 26			
	05:00 बजे तक किया जा जर के रिकार के	शर म समय प्रातः 10:30 से शाम			
	05:00 बजे तक किया जा रहा है, जिसमें निम्नानुसार शालाओं (विज्ञान संकाय) इस प्रकार कुल 02 सदस्य अनिवार्य रूप से सहम	से एक प्रधानाच्यापक एवं एक शिक्षक			
	NO.	।। गता करना सुनिश्चित करे :			
	1 GOVT. GIRLS MIDDLE SCHOOL NO 5 CHHAWANI				
	2 GOV1. MIDDLE SCHOOL NO 40 CRD LINES				
	3 GOVT, MIDDLE SCHOOL NO 43 MUSAKHEDI				
	THE PROPERTY OF THE PROPERTY O				
	5 GOVT. GIRLS MIDDLE SCHOOL BIJALPUR 6 GOVT. PRAYOGIK MIDDLE SCHOOL BIJALPUR				
	GOVI. MIDDLE SCHOOL NO 48 DHANVANTRY NACAR				
	U GOVI. NAVEEN MIDDLE SCHOOL BA JENDRA NACAR				
	9 GOVI. GIRLS MIDDLE SCHOOL NO 29 PA JENDRA NACAR				
	TO GOVE GIRLS MIDDLE SCHOOL NO 10 SUPPLACE CHOUSE				
	11 GOVT. SHARDA GIRLS MIDDLE SCHOOL NO 2 CHEEPA BA 12 GOVT. NAVEEN GIRLS MIDDLE SCHOOL RAMBAGH 13 GOVT. NAVEEN GIRLS MIDDLE SCHOOL RAMBAGH	KHAL			
	13 GOV1. MIDDLE SCHOOL NO 53 MOTI TABELA				
	14 GOVT, UNNAT MIDDLE SCHOOL NO 67 MOZI ZARELA				
	15 GOVI. UNNAT MIDDLE SCHOOL JARARAN COLONY				
	17 GOVT. SINDHI MIDDLE SCHOOL NO 54 MALAV KANYA PAR 18 GOVT. MALAV GIRLS MIDDLE SCHOOL NO 1 MOG LINES	RISAR			
	15 GOVI. UNNAI MIDDILE SCHOOL MAHAWAR MACAR				
	20 GOVI. MIDDLE SCHOOL ATRIDEVI SUDAMA NACAD				
	21 GOVI, SINDHI GIRLS MIDDLE SCHOOL NO 24 B K CONTU	COLONY			
	TE SOTT MIDDLE SCHOOL SIRPING				
	23 GOVT. UNNAT MIDDLE SCHOOL SANGAM NAGAR 24 GOVT. SHARDA GIRLS MIDDLE SCHOOL NO 01 BADA GAN.				
	20 JOY I. SINDHI GIRLS MIDDLE SCHOOL NO 24 BA IMOUAL				
	<ul> <li>उपस्थित सहभागियों के भोजन एवं जलपान की व्यवस्था क</li> </ul>	र्यक्रम स्थाल एव ज्लेकी			
		जिला परियोजना समन्वयक			
		जिला परियोजना समन्वयक			
	पू.कमांक / जिशिके / 2019-20 / २ ७/८ उ	जिला शिक्षा केन्द्र, जिला इन्दौर			
	प्रतिलिपि :-	इन्दौर दिनांक 20-11-19			
. *	<ol> <li>संचालक, राज्य शिक्षा केन्द्र भोपाल की ओर सूचनार्थ।</li> </ol>				
	<ol> <li>कलवटर एवं जिला मिशन संचालक जिला उल्लीय की श्रोत सम्बाल</li> </ol>	pf i			
	<ol> <li>पुष्प काषपालन आधकारा, जिला प्रधायत जिला दल्लीन की कोन</li> </ol>	true-maf ,			
	. प्राचाराक, -प्राचा बालाचा स्वस्थ्य एसासिएशन की कोत्र कानानाकी।				
	<ul> <li>।पकाश्चल स्त्रात समन्वयक इन्दौर ग्रहरी—१ की ओन केन्द्रकः</li> </ul>	Short A Ch			
	and the state of t	राज्य ६ वर्ग, जनराक्यानुसार शासकीय			
	हेतु अवगत कराना सुनिश्चित करे।	जन्म कावसाला न सहगागता करने			
		forar man			
		जिला परियोजिमी समन्वयक जिला शिक्षा केन्द्र, जिला इन्दौर			
		ज्यस्य सिद्धा कन्द्र, जिला इन्दार			
	nee				

Directive issued by District Program Officer, Department of Education to listed schools about the two-day HPS teacher training program. Dated November 20, 2019.

	1010/ 6240		Bries	214 41-0
प्रति,				24-11-20
	प्राचार्य			
	शास. हाईस्कूल/उमारि	8		
	जिला इंदीर			
विषय :	स्वास्थ्य को बद्रावा देने	वले विद्यालयों की मूल्यांक	न रिपोर्ट गेजने विषयक।	
		00-		
हेतु प्रयास र	4141 61	148 विद्यालयों को "स्वास्थ स्थार्ट सीटी के तहत चया	तेत ४४० माराजीस विकास	w
_	of any part of the office		the same and description to be set of	AL ALBERTA CA
शिक्षकों को गया है।	भाजकण ।दया जा चुका ह	। साथ हो पूर्व में चयनित f	येयालयां का आधारमूत म्	ल्यांकन भी किया
रिपोर्ट का उ	भाजकार्ग ।दया जा चुका ह मुख्यांकन पश्चात आपने	। साथ ही पूर्व में घयनित है है विद्यालय की विस्तृत रिपो य को पूर्ण रूप से "स्वास्थ	येयालयाँ का आधारभूत म्	ल्यांकन भी किया
रिपोर्ट का उ	माजसण । दया जा चुका ह मूरुयोकन पश्चात आपर्वे म्हलोकन कर अपने विद्याल	। साथ ही पूर्व में चयनित है है विद्यालय की विस्तृत रिप्त	येयालयाँ का आधारभूत म्	ल्यांकन भी किया

Directive issued by the District Education Officer, sending the BHC baseline assessment report to schools, and asking them to take necessary action on identified issues. Dated November 24, 2020.

# Annex 4: Participant Lists

	Name	Designation	School
1	Sangeeta Jain	Teacher	Government Malhar Ashram Higher Secondary School
2	Girja Pal	Teacher	Government Rajat Jayanti High School, Gadi Adda, Indore
3	Mamta Kulkarni	Principal	Government Multi Malharashram Higher Secondary School, Indore
4	Sangeeta Rajput	Teacher	Government Atridevi Higher Secondary School, Sudama Nagar
5	Mamta Rathore	Lecturer	Government Nutan Higher Secondary School, Chimanbagh
6	ManMohan Tiwari	Principal	Government Malav Girls Higher Secondary School, Indore
7	Sheela Sharma	Principal	Government Higher Secondary School Sharad Indore
8	Seema Joshi	Teacher	Government Higher Secondary School Nehru Nagar, Indore
9	Sunayna Sharma	Lecturer	Government Ahilyashram Girls Higher Secondary School No 1
10	G.L. Yadav	Principal	Government Girls Higher Secondary School Baxi Bag Indore
11	Rashmi Jain	Teacher	Government Girls Higher Secondary School Sanyogitaganj
12	Ajay Pendharkar	Principal	Government School for Excellence Bal Vinay Mandir, Indore
13	Shiv Narayan Patel	Maths Teacher	Government School for Excellence Bal Vinay Mandir, Indore
14	Anjali Gadgil	Teacher	Government Higher Secondary School Khajrana, Indore
15	Pooja Saxena	Principal	Government Ahilya Ashram Girls Higher Secondary School No 1, Indore
16	Puneet Gupt	Assistant Professor	Government Dental College, Indore
17	Reena Malivya	Teacher	Government Malaw Girls Higher Secondary School, Indore
18	Bhavna Mowrya	Adhyapak	Government Kasturba Girls Higher Secondary School, Indore
19	Sushma Vaishya	Principal	Government Ambhidevi Higher Secondary School Sudamanagar, Indore

20	Vidhya Chouhan	Teacher	Swami Vivekanand, Government Higher Secondary School, Indore
21	Kiran Bala Chowhan	Principal	Government Kasturba Girls High School Indore
22	Harish Gour	Teacher	Higher Secondary School Sirpur
23	Gaurav Sharma	Principal	Government Higher Secondary School Girls Rajat Jayanti, Gaddi Adda, Indore
24	Suvanda Vyas	Lecturer	Government Higher Secondary School Nanda Nagar, Indore
25	Gopal Krishna Vani	Lecturer	Government School No 1 Indore
26	Narendra Jain	Additional District Program Coordinator	Office of Office of District Education Officer, Indore
27	Akshay Singh Rathore	District Program Coordinator	Zilla Shiksha Kendra, Indore
28	Manoj Khopkar	Principal	Government Nutan Higher Secondary School Indore
29	T.S. Baghel	Vice Principal	SGHS Girls Higher Secondary School Indore
30	Bela Tandon	In-charge Principal	Government Swami Vivekanand Higher Secondary School Indore
31	Kumud Kalra	Teacher	Government Ahilya Ashram No 2, Indore
32	Ritesh Kumar Paliwal	Teacher	Government Boys High School Sanyogitaganj No 1, Indore
33	Manda Wagh	Varisth Adhyapak	Government Model School, Indore
34	Radha Verma	Guest Teacher	Government Model School, Indore
35	Sujata Jain	Lecturer	Government School No 2, Maharana Pratab, Indore
36	Sharda Shah	Lecturer	Government Girls Higher Secondary School Nehru Nagar
37	Nagma Nuri	Lecturer	Government Urdu Higher Secondary School Baxi Nagar
38	Sandhya Shrinms	Lecturer	Subhash Government School, Indore
39	Neeraj Mishra	City Project Officer	JSI
40	Anand Goud	Head of the Department	Indore School of Social Work
41	Namrata	Teacher	Government Girls Upper Higher Secondary School, Hathipala
42	Pushplata	Teacher	Government Girls Upper Higher Secondary School, Hathipala
43	Sunita Lambhate	Teacher	Government Higher Secondary School, Nanda Nagar, Indore
44	Neetu Pawar	Teacher	Government Subhash Higher Secondary School

45	Abha Jain	Teacher	Government Sharda Girls High School
46	Divya	Lecturer	Government M. Shivaji Rao, Higher Secondary School Indore
47	Anamika Jain	Lecturer	Government. Higher Secondary School Vijay Nagar
48	Shabana Shirill	Principal	Government Higher Secondary School Vijay Nagar
49	Vandana	Principal	Government Middle School and High School, Indore
50	R. Mackwana	District Education Officer	Education Department
51	B.M. Shrivastav	Retired Dean	Government Dental College, Indore
52	Abha Aram	Lecturer	Government Model Higher Secondary School Indore
53	Manisha Shrivastav	Lecturer	Government Kasturba Girls Higher Secondary School, Indore
54	Preeti Pant	In-charge Principal	Government Girls Higher Secondary School Bijalpur
55	Usha Pare	Adhyapak	Government Girls Higher Secondary School, Bijalpur
56	M.K. Sinha	Executive Director	MPVHA
57	Vijay Yadav	Assistant Program Officer	MPVHA
58	Satish Joshi	District Nodal Officer	Collector Office
59	P.Y. Pandey	Gynecologist	
60	Y.D. Sohni	State Trainer	Indore School of Social Work
61	Ashish Daniel	Program Officer	MPVHA
62	Vijay Yadav	Assistant Program Officer	MPVA

	Name	Designation	School
1	Noorussehar Rizvi	Teacher	Government Middle School Sirpur
2	Mahlerab Ilhai Khan	Teacher	Government Urdu Middle School Azad Nagar
3	Archana Shukla	Assistant Teacher	Government High School Sangamnagar
4	Rashmi Billore	Middle School Teacher	Government Sindhi Middle School, 54
5	Atul Kumar Kotwalla	Teacher	Government Naveen Urdu Girls Middle School Motitabela
6	Suman Lata Ghanghoriya	Teacher	Government Middle School 54 Malav Kanya
7	Jyoti Gupta	In-charge Headmaster	Government Hindi Girls Middle School Number 30, Subhash Chowk

8	Preeti Mairel	Teacher	Government Naveen Girls Middle School Rambagh
9	Jayshree Trivedi	Assistant Teacher	Government Naveen Girls Middle School Rambagh
10	Nalini Pohankar	Teacher	Government Middle School Chipa Bakhal No 2
11	Priyanka Sengar	Teacher	Government Middle School Chipa Bakhal No 2
12	Reetika Sengar	Teacher	Government Middle School Number 29, Rajendra Nagar
13	Sanjay Thakare	Headmistress	Government Middle School Sirpur
14	Pawan Solanki	Headmaster	Government Navin Middle School Rajendra Nagar
15	Udayshankar Vyas	Headmaster	Middle School Girls No 1
16	Rajesh Kumar Joshi	Headmaster	Government Middle School Sangamsanagar
17	Archana Koushal	Teacher	Government Middle School Number 29 Rajendra Nagar
18	Babulal Malviya	Teacher	Middle School Mahawar Nagar
19	Prabhawati Chouhan	Teacher	Government Middle School No. 48
20	Kshma Upadhyay	Science Teacher	Government Middle School No. 48
21	Chanchal Upadhyay	Teacher	Government Naveen Middle School Rajendra Nagar
22	Premlata Dhariwal	Teacher	Government Girls High School No 5 School Sanyogitaganj
23	Manjusha Pandya	Headmistress	Government Atri Devi Middle School Sudama Nagar
24	Poonam Vishwakarma	Science Teacher	Government Middle School No 1
25	Preeti Saxena	Science Teacher	Government Atri Devi Middle School Sudama Nagar
26	Sushma Vyas	Teacher	Government Higher Secondary School Musakhedi
27	Preeti Gupta	Headmistress	Government Middle School Musakhedi
28	Samreen Naaz	Teacher	Government Urdu Utkrasht Middle School Azad Nagar
29	Sarita Tiwari	Headmistress	Government Middle School No 53
30	Bharti Jaiswal	Teacher	Government Middle School No 67 Moti Tabela
31	Sakharam Prasad	Teacher	Government Middle School Jabran Colony
32	Khem Singh Baghel	Headmaster	Government Girls Middle School Bijalpur
33	Pooja Kulkarni	Teacher	Government Girls Middle School Bijalpur
34	Sushma Joshi	Headmistress	Government Middle School Bijalpur

35	Kavita Raut	Middle School Headmistress	Government Girls Middle School Number 24
36	Jagdish Kaushal	Headmaster	Government Middle School Girls No 23 Gadiadda

	Name	Designation	School
1	Rajendra Kumar Acharya	Assistant Science Teacher	Government Middle School No 51 Kukarni Ka Bhatta
2	Seema Shukla	Assistant Teacher	Government Middle School 20 Kila Maidan
3	Vikram Kshirsagar	Headmaster	Government Middle School No 47, Bhagirathpura
4	Usha Agarwal	Assistant Teacher	Government Middle School Kabir Khedi Main Road
5	Chitra Kelkar	In-charge Headmistress	Government Middle School No 11, Nanda Nagar
6	Hemlata Bhonsle	Assistant Teacher	Balvinay Mandir
7	Sangeeta Bhise	Assistant Teacher	Government Middle School Khatipura, Indore
8	S.K. Ganaw Digu	Headmaster	Government Middle School Khajrana
9	Bhavna Sharma	Teacher	Government Girls Middle School No 32 Nehru Nagar
10	Narendra Kumar	Headmaster	Government Middle School Kabirkhedi (Main)
11	Rajesh Doshi	Headmaster	Government Ahily Ashram No 2 Pologround
12	Kailash	Headmaster	Government Middle School No 8 Pardeshipura
13	Neelam Jain	Teacher	Government Middle School No 8 Pardeshipura
14	Sadhana Dravid	Assistant Teacher	Government Middle School No 2 Polo Ground
15	Rachana Sabarwal	Assistant Teacher	Government Middle School No 2 Polo Ground
16	Ruchi Sharma	Assistant Teacher	Government Middle School No 20
17	Sangeeta Joshi	Headmistress	Government School No 6 MG Road
18	Savita Devivedi	Teacher	Government Middle School Khajrana
19	Bharti Bendwal	Teacher	Government Girls Middle School Nehru Nagar
20	Tanuja Champak	Teacher	Middle School 108, Subhash Nagar
21	Swati Ghodganwkar	Teacher	Middle School No 31 Narayanbagh Kevlri Line
22	Neeta Katker	Headmistress	Government Middle School Niranjanpur
23	Meena Sanghvi	Senior Science Teacher	Government Middle School Niranjanpur
24	BM Menaria	Headmaster	Government Middle School No 27 Malwa Mill
25	Mohan Tripathi	Assistant Teacher	Government Middle Naveen No 27

26	Ajay Mishra	Teacher	Government Hindi Middle School No 1 Nagar Nigam Road
27	Holkar	Assistant Teacher	Nanda Nagar Government Girls Middle School No 32
28	Kanchan Parmar	Headmistress	Government Middle School No 20 Kilamaidan
29	Vijay Yadav	Headmaster	Government Middle School Vijay Nagar
30	Murlilal Jain	Headmaster	Government Middle School 108 Subhash Nagar
31	Darshana Nigam	In-charge	Government Middle School Kabit Khedi Main Road
32	Chandra Prakash Mahavar	Headmaster	Government Girls Middle School Nehru Nagar
33	Ansha Vyas	Teacher	Government Middle School No 11 Nanda Nagar
34	Rukmani Malvya	Teacher	Government Middle Girls School No 6
35	Kiran Vyas	Guest Teacher	Government No 32 Nandanagar

	Name	Designation	School
1	Neha Pitre	Headmistress	Government Marathi Middle School No 17, Bakshi Gali, Indore
2	Surekha Gavadhe	Assistant Teacher	Government Marathi Middle School No 17, Bakshi Gali, Indore
3	Ashok Shriceas	Teacher	Government Unnat Middle School Gadiaada
4	Ratnakar Vaidya	Headmaster	Government Middle School Piplyarao
5	Sarita Soni	Headmistress	Government Middle School No. 02, Pagnispaga
6	Sanjay Kumar Jain	Teacher	Government Middle School No. 02, Pagnispaga
7	Nigar Sulatana	Headmistress	Government Urdu Middle School, Junarisala, Indore
8	Sharda Sharma	In-charge Headmistress	Government Middle Model Village Lalbagh
9	Amita	In-charge	Government Middle School No 14, Pagnispaga
10	Mohmmad Fahim Khan	Headmaster	Government Middle School Hukumchand Colony
11	Sajid Begmughal	In-charge	Government Urdu Middle School, Juni Kaserabakhal, Indore
12	Pradhuman Pandey	Teacher	Government Middle School Hukumchand Colony
13	Rajesh Sharma	Teacher	Government Middle School, Kumhar Bhatti

14	Shahina Parvin	Assistant Teacher	Government Urdu Middle School No 35 Nayapitha
15	Noorjha Khan	Assistant Teacher	Government Urdu Middle School No 17 Nayapitha
16	Atul Ketwala	Teacher	Government Naveen Urdu Middle School Motitabela
17	Dinesh Jiniwal	Headmaster	Middle School 44 Chitawad
18	Vandana	Headmistress	No 56 Lodhipura
19	Sunita Yadav	Headmistress	Government Middle School Lodhipura No 03
20	Prakash Joshi	Headmaster	Middle School No 28 Gangour Nagar
21	Arefa Ansari	Headmistress	Middle School Chandan Nagar E sector
22	Rafat Naz Sheikh	Headmistress	Middle School 61 Barabhai
23	Anuj Dubey	Headmaster	Government Middle School No 55
24	Pushpendra Singh Rajput	Headmaster	Government Middle School 44 Chitawad
25	Radha Krishna Sharma	In-charge Teacher	Government Sindhi Middle School 22
26	Sarita Singh	Headmaster	Government Middle School No 05 MOG Line Mhow Naka
27	Aarti Tiwari	Science Teacher	Government Middle School Piplyaha
28	Iqbal	Assistant Teacher	Government Urdu Middle School No 20 Juni Kasera Bakhal
29	Arjumand Kureshi	Teacher	Government Urdu Middle School Chandan Nagar
30	Aiysha Sultana	Assistant Teacher	Government Urdu Girls Middle School No 17 Nayapitha

	Name	Designation	School
1	Sheela Upadhyay	Assistant Teacher	Government Middle School No 09
2	Priya Yadav	Teacher	Government Hindi Middle School Maharaja Takies
3	Anil Kumar Chewre	Assistant Teacher	Middle School Kuhar Bhatti
4	Jyoti Malvya	Primary Teacher	Government Middle School Piplia Rao
5	Rama Sharma	Headmistress	Government Middle School Narval
6	Saramma Abrham	Science Teacher	Government Middle School Narval
7	Ayesha Ansari	Assistant Teacher	Government Middle School Baxi Bagh No 08
8	Rashmi Negi	Middle School Teacher	Government Middle School Maharaja Talkies
9	Manju Hindoliya	Middle School Teacher	Government Middle School Bajrang Nagar
10	Sheela Barva	Middle School Teacher	Government Middle School Bajrang Nagar

11	Atul Mishr	Assistant	Government Middle School Scheme No 51
12	Farida Kureshi	Assistant Teacher	Government Urdu Middle School No 28 Hathi Pala
13	Hamida Fatema Khan	Teacher	Government Urdu Primary School No 8 Baksi Bagh
14	Brijmohan Sharma	Middle School Teacher	Government Middle School No 51
15	Neelu Sahani	Headmistress	Government Middle School Vinobha Nagar
16	Shanti Saroj	Middle School Teacher	Government Middle School Vinobha Nagar
17	Kavita Marmet	Teacher	Government Girls Middle School Pardeshi Pura No 21
18	Narendra Joshi	Headmaster	Government Girls Middle School No 09
19	Anita Thakur	Headmistress	Government Middle School No 52
20	Seema Mahajan	Teacher	Government Middle School No 96 Nehru Nagar
21	Shafiqer Rehman Khan	Headmaster	Government Urdu Middle School No 28 Hathipala
22	Anita Chhabra	Teacher	Government Middle School No 96 Nehru Nagar
23	Aradhna Upadhya	Middle School Teacher	Vinobha Nagar 42, Middle School
24	Rajkumar Yadav	Assistant Teacher	Middle School No 52 Gaidampura
25	Hansa Batham	Teacher	Government Urdu Middle School No 23 Hathipala
26	Anwari Bano Naqvi	Teacher	Government Urdu Middle School No 23 Hathipala
27	Prafull Shrivastava	Assistant Teacher	Middle School No 28 Gangour Nagar
28	Sunita Sonsale	Headmistress	Middle School No14 Pagnispagha
29	Ashok Dhuldhove	Headmistress	Government Middle School Maharanapratap Nagar
30	Vijay Sharma	Teacher	Government Middle School Maharanapratap Nagar
31	Parveen Khan	Teacher	Government Middle School No 37 Nayapura
32	Shobha Sisodiya	Headmistress	Urdu Government Middle School No 08 Baxi Bagh
33	Anita Thakur	Teacher	Middle School Nandbagh Indore
34	Dilip Kumar	Headmaster	Government Marathi Middle School No 13
35	Shaheena Bi Khan	Assistant Teacher	Government Middle School No 10
36	Rachna Tripathi	Teacher	Government Marathi Middle School No 15
37	Uma Pathak	Teacher	Government Middle School Pipliyahana
38	Rajni Tiwari	Teacher	Government School No 32 Nanda Nagar

39	Kehkashan Anjum Qureshi	Assistant Teacher	Government Middle School No 10 Nayapura
40	Abhajan	Assistant Teacher	Government School No 2 Nanda Nagar

	Name	Designation	School
1	Anita Chouhan	Principal	Government Girls Higher Secondary School Rajendra Nagar
2	Sandhya Choudhary	Principal	Government Higher Secondary School, Bicholi Mardana
3	Rajendra Singh	Principal	Government Higher Secondary School Gandhi Nagar
4	Sheetal Sharma	Science Teacher	Government Naveen Kanya Higher Secondary School MOG Lines
5	Sangeeta Vyas	Principal	Government Higher Secondary School Chitawad
6	Rekha Arya	Teacher	Government Higher Secondary School, Chitawad
7	Priti Chavan	Principal	Government Boys Higher Secondary School Bijalpur
8	Juhi Dilraj	Teacher	Government Higher Secondary School Bajrang Nagar
9	Seema Dubey	Teacher	Government Higher Secondary School Bajrang Nagar
10	Anjali Kulkarni	Principal	Government Higher Secondary School Songam Nagar
11	Yamini Ghune	Teacher	Government Higher Secondary School Rajendranagar, Indore
12	Manisha Pahadiya	Principal	Government High School, Khatipura, Indore
13	Sangeeta Bhise	Assistant Teacher	Government High School, Khatipura, Indore
14	Vibha Sharma	Principal	Government Urdu Higher Secondary School Nayapeetha
15	Nagesh Dubey	Teacher	Government Higher Secondary School Bicholi Mardana
16	Ratna Golcha	Principal	Government Higher Secondary School Vinobha Nagar
17	Sandhya Kashyap	Teacher	Government Urdu Higher Secondary School Nayapeetha
18	Arti Shrivastava	Principal	Government High School Aranya
19	Meenu Bajpai	Principal	Government Higher Secondary School Kilamaidan
20	Shobha Shukla	Principal	Government High School (Urdu) Junarisala

### Developing Health Promoting Schools | February 2022

21	Pratarti Mishra	Teacher	New Higher Secondary School Kila Maidan
22	Seema Shrivastav	Principal	Government Higher Secondary School Musakhedi
23	Anjana Soni	Adhyapak	Government High School Sangam Nagar
24	Ramkrishna Kori	Principal	Government Girls Higher Secondary School Kampel
25	Archana Verma	Teacher	Government Girls Higher Secondary School Kampel
26	Abha Arora	Lecturer	Government Model School Indore
27	Kalpana Gandhi	Principal	Government Naveen Malav Kanya High School MOG Lines
28	Mahesh Gandhi	Principal	Government Higher Secondary School Kanadia
29	Priti Singh	Teacher	Government Higher Secondary School Gandhi Nagar
30	Akhilesh Choudhary	Teacher	Government High School Aranya Nagar
31	Shweta Dubey	Teacher	Government High School Piplyahana
32	Jyoti Jain	Principal	Government High School Piplyahana
33	Narendra Singh Baghel	Teacher	Government Higher Secondary School Musakhedi
34	Protibha Champals	Teacher	Government Higher Secondary School Kanadia
35	Narayan Chanddra Das	Principal	Government High School, Pagnispaga
36	Samta Chouhan	Teacher	Government High School Pagnispaga
37	Anita Rastogi	Principal	Government Model School Indore
38	Mahesh Khote	Principal	Government Boys Higher Secondary School Kampel

#### JSI RESEARCH & TRAINING INSTITUTE, INC.

2733 Crystal Drive 4th Floor Arlington, VA 22202 USA

Phone: 703-528-7474 Fax: 703-528-7480 Web: <u>www.jsi.com</u>

#### **JOHN SNOW INDIA PRIVATE LIMITED**

Plot No. 5 & 6, Local Shopping Complex Nelson Mandela Marg (Near Post Office) Vasant Kunj New Delhi 110070 India

Phone: +91 11 4868 5050

