

Human-Centered Design (HCD) for tailored health system strengthening support: Focus on components of the Health Extension Program

BACKGROUND

- Human Centered Design (HCD) is a collaborative approach to designing solutions to complex problems through understanding end user needs and contexts.
- Interventions are more likely to succeed when they are context specific
- In October 2017, L10K's focus on service delivery support expanded to include health system strengthening (HSS)
- L10K's used HCD to design and implement innovative HSS strategies, approaches, and activities to improve professional and service delivery experiences of health managers, service providers, and clients.

LIOK'S HCD PROCESS

- I. Trained project staff in the HCD approach
- 2. Formed the HCD design team
- 3. Conducted two rounds of collaborative solution development workshops with the MOH, RHBs and ZHDs.
- 4. L10K supported RHBs to apply HCD solutions and replicate the process themselves

METHODS

Identify design barriers and challenges

SN	Barriers	Design Challenge
1	Health system support	How might we develop a better approach to provide health system support to MOH and RHBs with lasting effects?
2	Community engagement	How might we design alternative strategies that are more effective to forge stronger community engagement in agrarian regions of Ethiopia?
3	Integrated supervision	How might we redesign a more convenient for supervisors and supervisees and more effective ISS approach and tools in SNNP region?
4	Clinical mentorship	How might we design a more mentee and mentor friendly mentoring approach in Amhara region?
5	Compassionate, Respectful & caring professional	How might we make compassionate and respectful care a routine practice of all health care providers?

Engage stakeholders in three-part design process

Inspiration: Immersive learning for empathetic understanding of context, culture and desires

Ideation: Workshop-style engagement to synthesize, brainstorm, and discuss co-designed solutions

Implementation: Iterative process of testing and adapting solutions.

FINDINGS

- Better community engagement strategies are needed
- The Women's Development Army (WDA)
 is central to linking community with
 Community Health Workers (CHWs)
 and Health Extension Workers (HEWs)
- Existing mechanisms in the health system can be amplified to improve community engagement

Community engagement strategies

WDA Strategy

Challenges

- HEWs cannot support the number of WDAs
- Communities aren't engaged in WDA leader recruitment
- WDAs have limited facilitation and negotiation skills
- WDAs do not engage men and youth
- WDAs are not motivated

Solutions

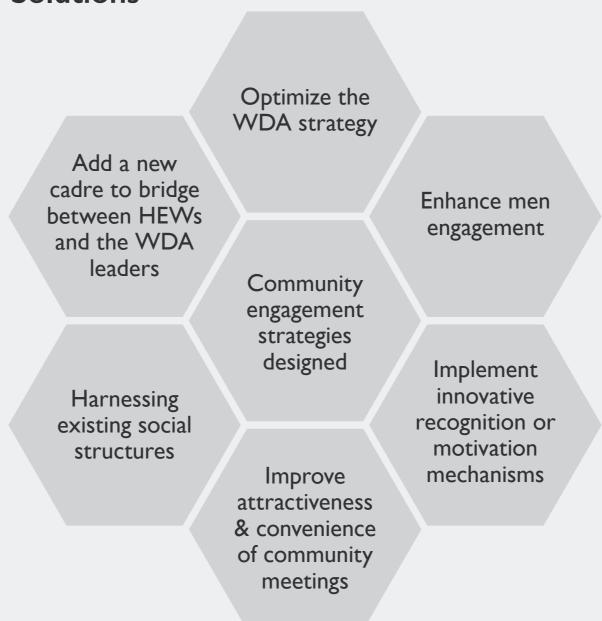


Figure 1: Community engagement strategies

Supportive supervision and mentorship toolsand processes

Challenges

- One-way communication from supervisor
- Fault-finding tone instead of supportive
- Support is not context-specific enough to be relevant
- Weak technical capacity of supervisors

Solutions

- Increase supervisors' or mentors' interpersonal, communication and supervisory skills
- Strengthen activity coordination
- Tailor the supervision tools
- Design more interactive methodologies for mentoring

Compassionate, respectful and caring (CRC) practices

Challenges

- Poor quality of client-provider interaction
- Limited adherence to ethical practices

Solutions

- Mentor to improve client-provider interaction
- Increase health worker motivation to implement CRC
- Identify and immediately address non-CRC behaviors and practices

LESSONS LEARNED

from the HCD process

- HCD enabled identifying key bottlenecks, desires and contexts of health workers, managers and clients
- The participatory approach was essential to designing feasible, tailored solutions to local contexts
- The HCD process resulted in better collaboration of stakeholders and implementation follow-up, including by local government and leadership.
- The design process was critical to addressing human resource needs and technical skills gaps
- The learnings from the process of designing community engagement options informed the national policy dialogue on designing community engagement approaches