

# Medication Management (Extended Team)

Integrating pharmacist services into the care team to assist in patient-centered medication management strategies.

#### **Key Changes**

- Evaluate the practice capability to add clinical pharmacy services to the care team.
- Optimize the role of existing clinical pharmacists in the management of patients with complicated medication needs.
- Create pharmacist and pharmacy tech job descriptions that prioritize integration with the patient and primary care team.
- Communicate to care team members and patients the services available from the clinical pharmacist.
- Ensure your clinical pharmacist is actively participating in team efforts to address chronic disease and population management efforts by providing critical input on medication use and dosing.
- Provide your clinical pharmacist with training in team-based care, warm hand offs, and how to effectively
  work with patients, utilizing motivational interviewing and self-management support techniques.

## **Examples**

- Review state Board of Pharmacy requirements for
   Develop a training program for pharmacists in delivering Medication Therapy Management.
   Collaborative team-based skills such as patier
- Identify populations in your practice who would most benefit from pharmacist medication therapy management. Consider patients with more than one chronic disease, patients with poly-pharmacy or complex medication regimens such as heart failure and HIV patients, and geriatric populations.
- Use the Institute for Safe Medication Practices
   (ISMP.org) high-alert medications for ambulatory
   care practices to select a focus population of
   patients using the highest risk medications used
   in your population (such as warfarin,
   carbamazepine, insulin, PTU, opioids,
   benzodiazepines) <u>ismp.org/communityRx/tools/ambulatoryhighaler</u>
   <u>t.asp</u>

- Develop a training program for pharmacists in collaborative team-based skills such as patient communication, warm handoffs, teach back, and population management through outreach.
- Design and test workflow for a certified pharmacist to monitor and improve medication use and adherence in high risk patient populations by making recommendations to patients, caregivers, and health care professionals.
- (ISMP.org) high-alert medications for ambulatory Design and test workflow for certified pharmacist to review new patients to the practice, to substitute medications when appropriate and to complete medication reconciliation and the EHR carbamazepine, insulin, PTU, opioids,
  - Design and test workflows for certified pharmacists to review all care transition patients (hospitals and nursing homes), to substitute medications when appropriate, and to complete medication reconciliation.

#### **Examples Cont'd**

- Include pharmacists to work as part of the on-site core team with patients to solve problems with their medications and improve adherence.
- Arrange for pharmacist to consult with primary care team members about medication-related issues.
- Design and test pharmacists providing assistance to patients on multiple medications (polypharmacy) to help to simplify medication regimens.

### **Primary Care Team Guide Assessment-Related Question**

#### Pharmacist Level B Level D Level C Level A Components 12 A pharmacist... is not involved in our oversees our dispensary but is available to answer works closely with the core medication-related questions practice. is not much involved in practice team to review clinical care. from providers and staff both prescribing practices and directly and electronically. proactively assist patients with medication related problems such as nonadherence, side effects and medication management challenges. 3 5 6 8 11 12 Medication Management Level D Level C Level B Level A Components 21 In our practice prescribers who order a MA or another clinical staff a pharmacist, nurse, or In addition to C and B, the medication prescriptions and refills as member who reviews the coach/educator who works practice has a pharmacist

management EHR drug list at the directly with patients having and/or nurse who can titrate necessary. consists of... beginning of a patient's challenges understanding or medications for select appointment. taking their medications, groups of patients under individually or in groups. standing orders. 5 8 11 12

#### How Primary Care Teams Achieve the Quadruple Aim **Before Visit During Visit** Between Visit Comprehensive Services **Planned Care** Referral **Population** Management Management Medication The Management Clinic-Community Communication Connections **Quadruple Aim** Management Self-Management Support Care Management 1. Lower costs Behavioral Health 2. Better care Integration 3. Healthier patients Oral Health 4. Happier staff Management Informed, **Activated Patients** Capacity for Quality Care

- · Engaged Leadership
- QI Strategy
- Teamwork
- Empanelment/Continuity
- Enhanced Access